

EDINBURGH SYNCHRONISED SWIMMING CLUB SWIMMER CODE OF CONDUCT 2022

Club Code of Conduct

The club is dedicated to creating an environment that nurtures the enjoyment and enthusiasm of every athlete within our club, through a safe, positive environment. We want to empower our swimmers to have a sense of personal integrity based on the acceptance of rules, fairness, equality, respect for others, moral conduct and a sense of what is right, where unethical behaviour, rule breaking, drug taking or violence is automatically rejected as being irrelevant to the true purpose of swimming. The following code of conduct is designed to assist in the achievement of these objectives.

Swimmer Code of Conduct

I agree to:

- practice and compete fairly and be trustworthy
- be friendly and supportive, and offer help if needed
- respect the rules of my club, those of the facilities and of Scottish Swimming
- respect the rights, dignity and worth of all participants regardless of age, disability, gender, ability, race, cultural background or religious beliefs or sexual identity
- respect all members of the sport, including members of other clubs, officials and spectators
- respect the decisions of the coaches and team managers
- respect the club's selection process
- listen to and respond to coach and team manager instructions
- identify with the club, including wearing team kit whenever required
- be a positive role model and refrain from bullying or getting involved in inappropriate peer pressure or pushing others into something they do not want to do
- set a good example at all times in aspects of dress, punctuality, language, behaviour and respect of equipment and others
- be responsible for my belongings, including tidying up after myself at training, at competitions and on club trips
- take personal responsibility for team success
- not be under the influence of alcohol, drugs or abusive substances
- refrain from inappropriate conduct towards others including physical, verbal, written or emotional, in person or through use of social media platforms
- report inappropriate behavior or risky situations to a member of staff
- abide by Scottish Swimming's Acceptable Use of Mobile Phone Policy and Social Media guidelines

I acknowledge that:

- all swimmers are to arrive at training on time, wearing the appropriate kit and having removed all make-up and jewellery for safety
- the club strictly forbids all swimmers from using mobile phones and cameras in the changing rooms

Our club recognises that to create a supportive atmosphere, which allows everyone to compete / participate to the best of their abilities, it is important for athletes to know that while we have high expectations of their behaviour, they can expect the same in return from us.

You have the right to:

- be safe and happy while taking part in the sport in a protected environment
- be respected and treated fairly and be able to participate on an equal basis, appropriate to your ability and age
- be protected from abuse by others from within the club
- ask for help
- be believed
- be listened to
- be referred to professional help if needed

Breaches of the Swimmer Code of Conduct will be dealt with in accordance with the club's disciplinary procedures.

I understand that if I do not follow the Swimmer Code of Conduct, any / all of the following actions (not an exhaustive list) may be required of me by my club or Scottish Swimming:

- To apologise formally
- Receive a warning; verbal or written
- To be dropped or substituted
- To be suspended by the club
- To leave the club

I have read and understood the above Code of Conduct and I agree to be bound by it:

Name of Swimmer _____

Signature _____

Date _____

Name of Parent/Guardian (if swimmer is under 18) _____

Signature _____

Date _____